

LIVING  
*in the New*  
NORMAL



*Supporting Children through Trauma and Loss*<sup>TM</sup>

MILITARY CHILD EDUCATION COALITION<sup>TM</sup> . . . for the sake of the child<sup>TM</sup>

# Factors that Compound Loss

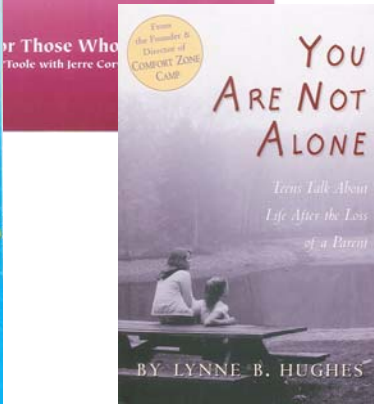
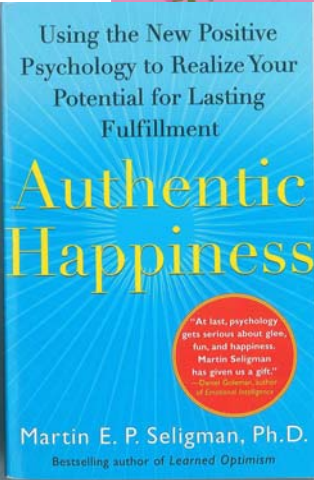
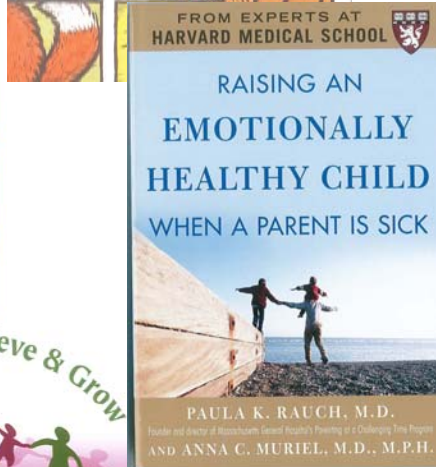
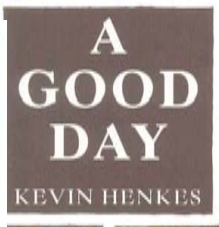
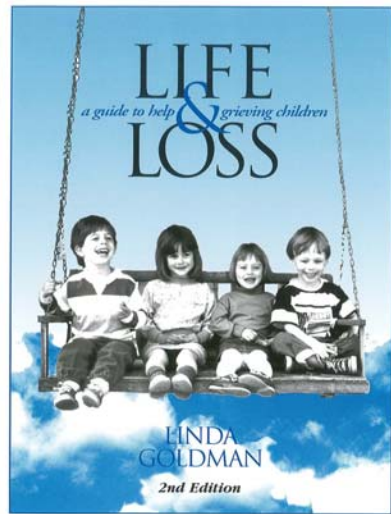
- Geographic dispersion
- Deployment stress
- Loss of culture and traditions
- Change in family structure
- Notification process
- Media and public nature of war

# Guiding Principles of Living in the New Normal™

- Recognize and encourage the courage of children.
- Acknowledge the positive attributes of military children
- Promote environment of resilience.
- Understand that children grieve
- Non-victimization of grievers.
- Respect the cultural traditions, belief systems, privacy.

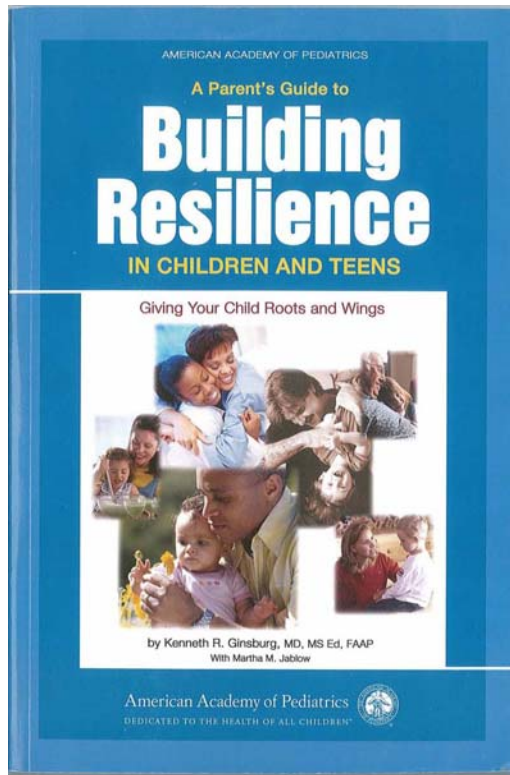
# The MCEC's

## Living In the New Normal: Supporting Children Through Trauma and Loss



## Professional Development Institute





## The MCEC's Living In the New Normal: Supporting Children Through Trauma and Loss

### Practicum



# 7 C'S OF RESILIENCE

*A Parent's Guide to Building Resilience in Children and Teens*

*Dr. Kenneth R. Ginsberg*

**COMPETENCE**

**CONFIDENCE**

**CONNECTION**

**CHARACTER**

**CONTRIBUTION**

**COPING**

**CONTROL**

*[www.militarychild.org](http://www.militarychild.org)*

***“It is a reminder to caring adults that their role is NOT to serve as grief counselor but to work effectively in being an important, reliable, stable, caring, and interested adult for many of the children who are going through these experiences. Having that kind of consistency and security of a known and valued relationship, despite all of the chaos that may be going on in the lives of children, can be tremendously reassuring.”***

***Dr. Stephen Cozza***