



The Missing Link for Restoring Quality of Life to Traumatized & Hyper Vigilant Combat Veterans

The Integrated Mind and Body Approach and Effect for Reduction in Combat Operational Stress/PTSD

Presenter



John Henry Parker

Military parent of a Combat Veteran of two tours in Afghanistan and a Purple Heart recipient with a high disability rating from the VA

Founder of the non-profit organization Veterans and Families

www.veteransandfamilies.org developed to support Veterans and their families through the trials of homecoming.

The Missing Link



- Immediate solutions for overcoming the barriers to care that exist for the majority of homecoming Veterans
- Improved Brain and Body Resilience
 - Expanding the positive capacity of people to cope with stress and catastrophe



Introduction

- Research into alternative approaches for Veterans with PTSD
- Programs and modalities that do not involve “talk therapy” or medications in their initial stages to calm the over-stimulated brain activity created from the combat environment - advanced forms of neuro-feedback and other modalities for restoring health
- **HealthWalk**’s effective array of technology and services which are instrumental in allowing the veterans to resume normal life.

Goal



Discussion and Review of the Reduction of Symptoms Associated with PTSD Utilizing Advanced Forms of Neuro-feedback and the Restoration of Health and Balance Within Internal Bodily Systems After Extended Exposure to Extreme Stress, Toxins, Parasites, Body Burdens and Injuries.

Agenda



- Introduction of topic & presentation team
- Overview
- Discussion - on the research, findings and results from working with veterans and others with PTSD and physical injury
- Summary
- Q & A

Presenter



Mark Hinds

Survivor of an “incurable terminal” inflammatory disorder using the technology he has now integrated into **HealthWalk**.

Founder of **HealthWalk**, an integrative healthcare facility and products company with global leading edge technologies, services and products backed by over 20 years of research & dedicated to restoring vibrant health

Subject Expert on technology, health, mind and brain functioning.

Presenter



Dr. Dennis Maness, PhD, Board Certified, Neuro therapy, Neuro feedback & Bio feedback Instructor, Diplomate of Neuro-therapy and Biofeedback Certification Board.

Developer of Neuro Stimulation Sound Therapy and the Learn It FASTER cognitive processing for brain Entrainment.

Pioneered development of drug free neuro stimulation therapy for treatment of Substance Abuse, Insomnia, Stress & Stress Related Illness, Migraine Headaches, Pain Management, Cognitive Processing & Memory Access.

Developed protocols to improve people's cognitive processes from: conditioning, stress, daily living and/or from damage through physical, chemical or emotional trauma or congenital issues

Dr. Maness has worked with over two million students of all ages in cognitive development

Discussion on the Modalities



Research, findings and results from working with veterans and others with PTSD and physical injury:

- Vital Hematology
- Functional Endocrinology - Blood based Biomarkers analysis
- Neurotransmitter Profile Analysis
- Brain Body Connection - MindSoul Brain Technologies

Vital Hematology



- Vital Hematology is the science of analyzing living blood.
- PTSD - biological aspects of the cause - include parasites, heavy metal toxicity, immune system challenges and *Mycoplasma* infections
- Solutions are developed based on actual results of the blood's reaction to the agents presented & each solution is effectively designed for the particular health condition

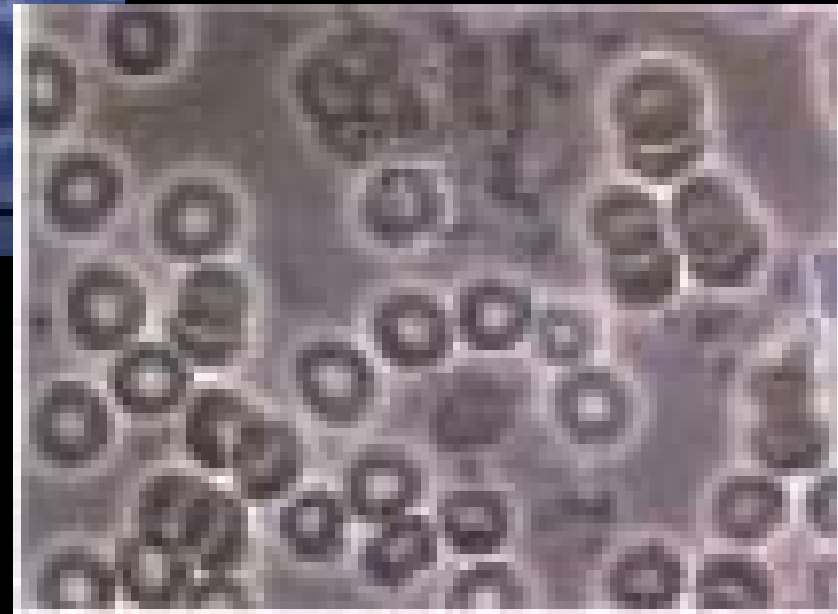
Vital Hematology



Live Blood Cell Analysis



Vital Hematology



Vital Hematology



Clinic Setting Reviewing Live Blood Cell Analysis



Functional Endocrinology

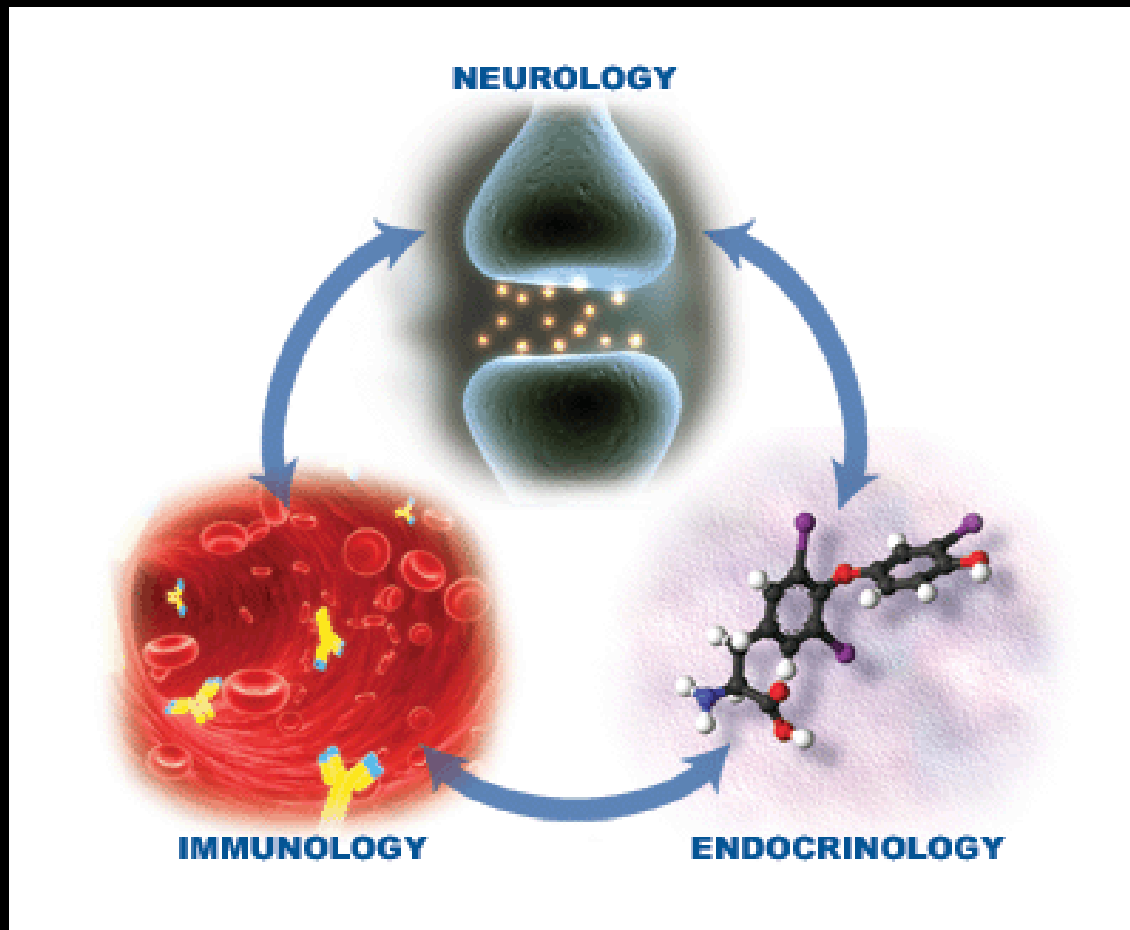


- Analysis and application of the metabolic and biochemical biomarkers of the body to address health conditions.
- Critical components of PTSD: Internal inflammation, digestive system disorders, dysfunctional nutrient intake
- Can identify and offer solutions for a large variety of conditions including cardiovascular disease, metabolic disorders, autoimmune issues, bacterial and viral diseases fatigue, insomnia, anxiety, depression or mood swings & irritability, weight gain/loss, generalized aches & pains, infertility, gastro-intestinal problems such as IBS, ulcers or indigestion

Functional Endocrinology



HealthWalk Successfully Utilizes an Integrated Approach to Resolve PTSD including Neurology, Endocrinology and Immunology.



Neurotransmitter Profile Analysis



- Biological functioning of the brain and its connection and influence on the body and overall health.
- Analysis includes DHEA, Cortisol, Epinephrine, Norepinephrine, Dopamine, Serotonin, GABA, Glutamate, PEA, Creatinine, and Histamine.
- Neuro-hormones are negatively affected by disrupted sleep patterns, hyper vigilance, increased & prolonged adrenal function and stress & stress related issues

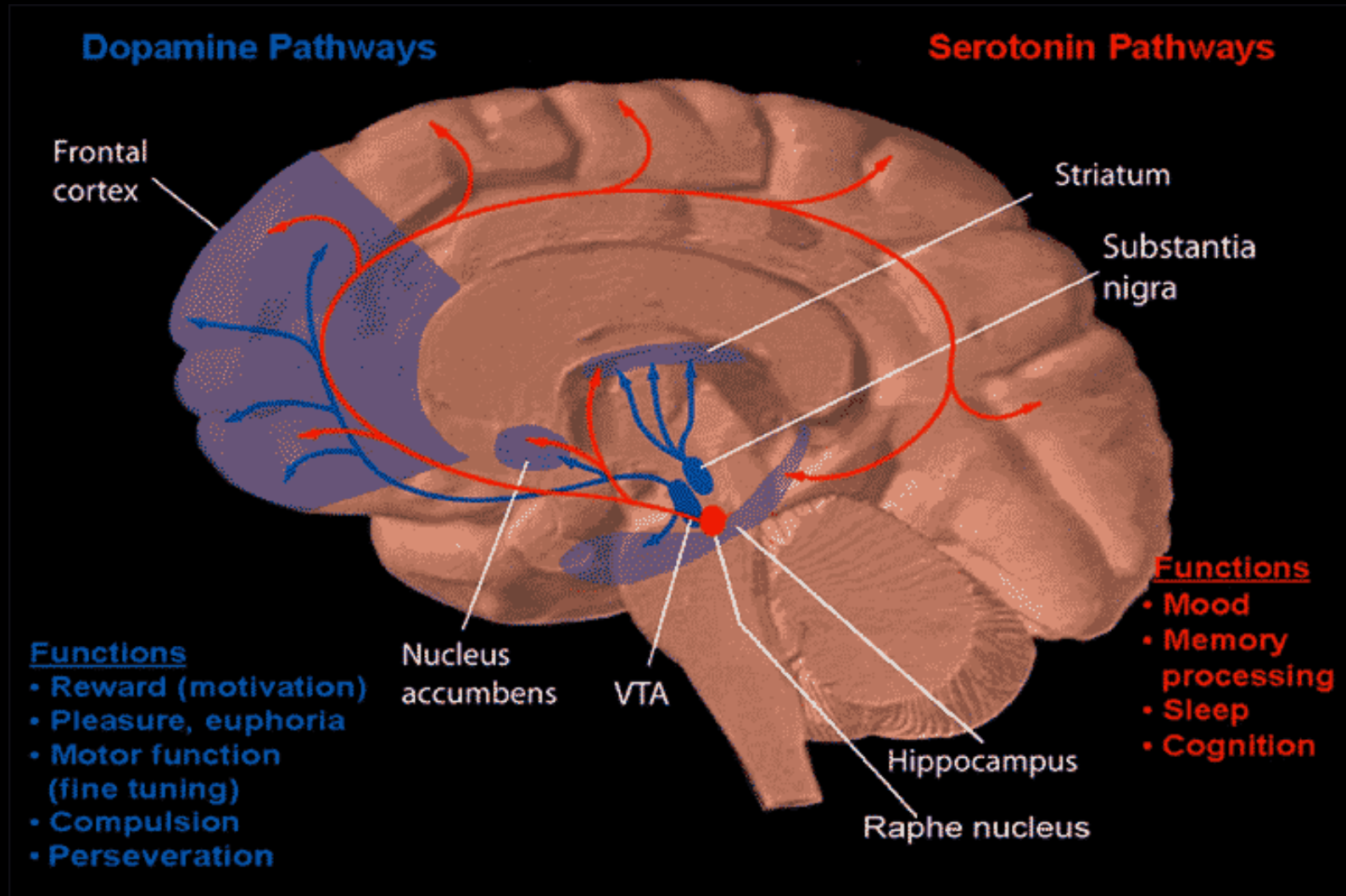
Neurotransmitter Profile Analysis



HealthWalk's integrated approach addresses Bio-Chemical imbalances as well as Brain / Body and Emotional balance



Neurotransmitter Profile Analysis



Brain Body Connection – MindSoul Brain Technologies

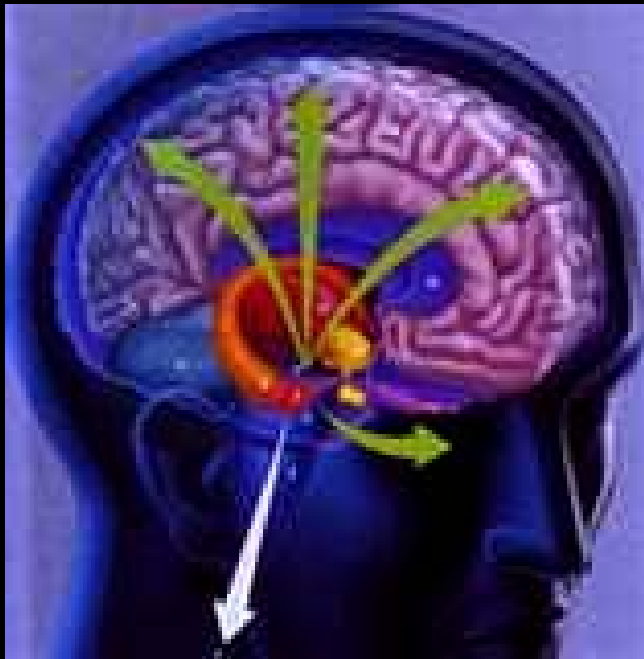


- Advanced technology to map the brain's energy/neuro pathways - imprints which is experienced as memories, trauma and thoughts
- With the brain map we can identify and resolve the neuro-imbances which can cause negative effects on the mind, emotions and body.
- Some of the Issues that we successfully deal with include; Insomnia, irritation, frustration, lack of focus, short fuse, memory problems, hyper-vigilance, flight or fight responses, depression, addictions, immune system functions, physical mobility issues from nerve and trauma damage, dietary and weight issues.

Brain Body Connection – MindSoul Brain Technologies



Traumatic and emotional events can impact neuro behavior throughout the brain.



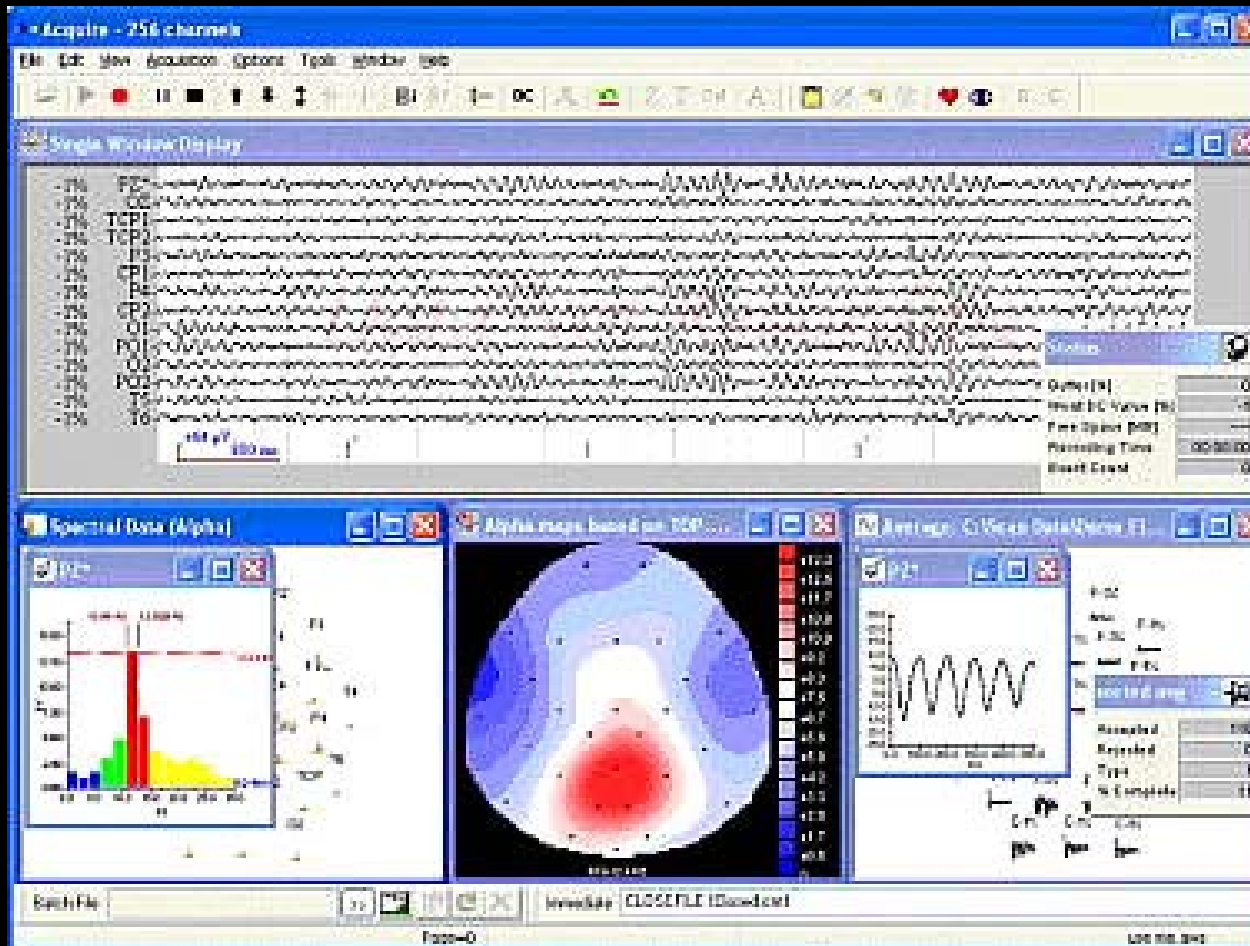
HealthWalk's modalities correct neuro chemical imbalances and poorly / non functioning brain wave frequencies.

We address the biological, chemical, neurological, physical and emotional issues without talk therapy

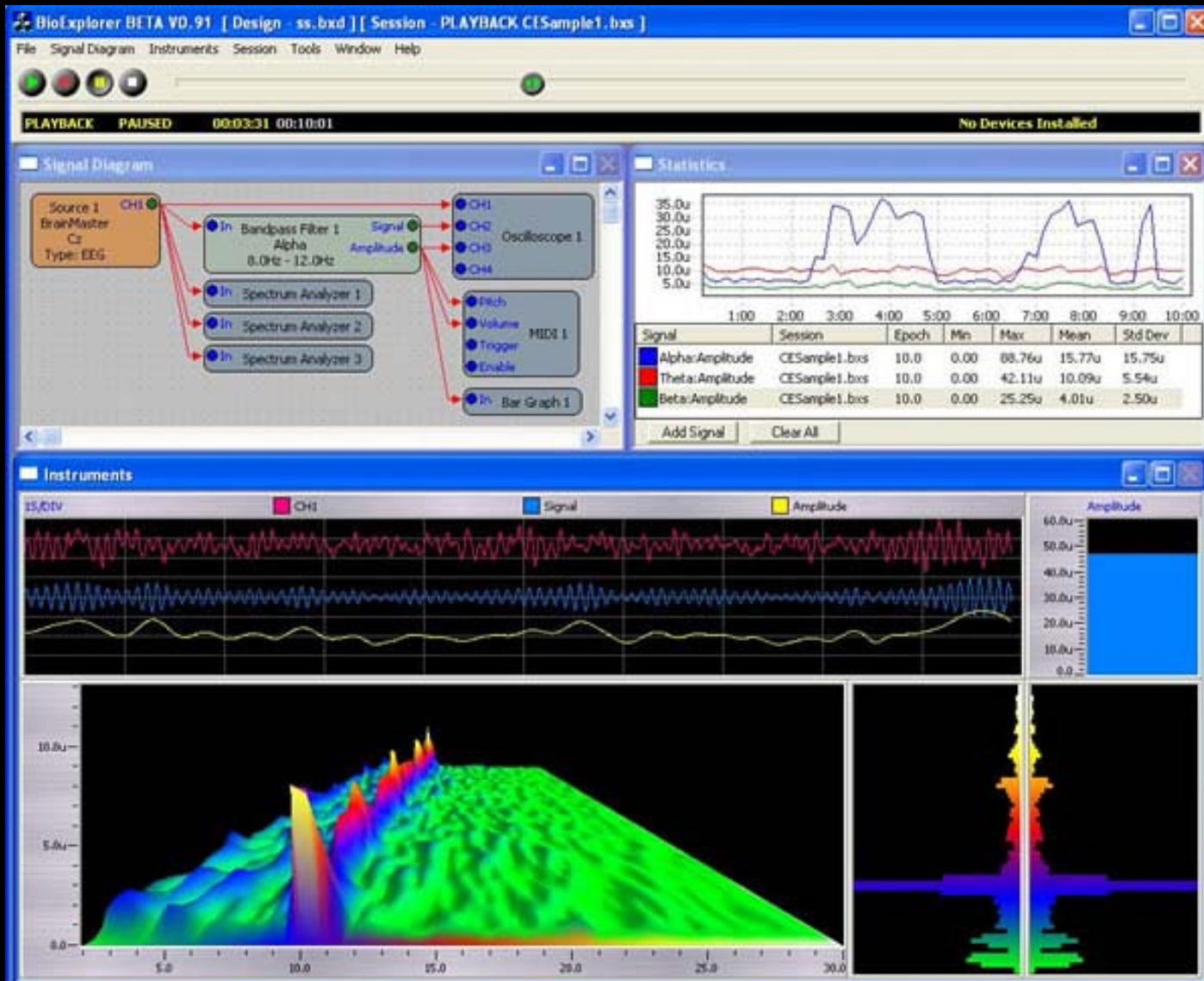
Brain Body Connection – MindSoul Brain Technologies



HealthWalk develops custom protocols and utilizes state of the art qEEG equipment for optimal results



Brain Body Connection – MindSoul Brain Technologies



Brain Map

Summary



- There are effective and proven solutions for Veterans with PTSD
- These programs and modalities do not involve “talk therapy” or medications in their initial stages to calm the over-stimulated brain activity created from the combat environment
- HealthWalk’s effective array of technology and services are instrumental in allowing the veterans to resume normal life.

SGT. Danny F., OEF Veteran, Purple Heart Recipient, U.S. ARMY 10th MTN. DIV. 1-87 INFANTRY:



“I served two tours as a Squad Leader and combat infantryman in Afghanistan and was diagnosed with PTSD upon returning home. After two years of intensive group and individual counseling, I was still experiencing many symptoms of the disorder; mainly lack of sleep, irritability and a high level of anxiety. After Brain State Conditioning I am now sleeping better than I ever have, and I am happy to say that my irritability and anger is gone. The anxiety I previously experienced is now in my control, meaning that I understand my own frustrations and can take effective measures to resolve issues, minimizing stress and anxiety. The best part of this technology is that I never had to mention a thing about my combat experiences as this is not a not a “talk therapy” solution. I am currently taking a full course load at school and maintaining my family life with a great deal of enjoyment and ease. I am truly thankful to this project for all the relief this training has brought to me and my family, and am telling every vet that I know.

Thanks Again.”



Questions and Discussion



Thank you from the **HealthWalk** team

For more info:

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