

COSC and the WWR

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Wounded Warrior Regiment

- WWR

- Wounded, Ill, Injured, AD, Reserve, Former Marines
- Operate on the right side of the Continuum
- Problems compounded
 - Polytraumas
- Holistic approach
 - Marine, Sailor and Family
 - Recover with fellow Marines
 - Focus on caring and concerned leadership
 - Relationship vice process

COSC/TBI/PTSD

- Impacts
 - Unit readiness
 - Work-up Training
 - Family Life
- Triggers/Stressors
- Result
 - Disciplinary problems
 - Discharge
 - Depression
 - Suicide

Command Requirements

- Acknowledge PTSD/TBI problems exist
- ID Marines who need help
- Tie together medical and non-medical support
- Encourage treatment
- Reduce stigma - top down - “mindset change”
- Educate leaders

Commander/Leader Options

- RCI
- Outside resources
- Tap into mentoring networks
- Help Marines stay in touch with fellow Marines
- Listen
- Sense of humor
- Compassion/Understanding with Marines TBI/PTSD
 - Caring and concerned leadership
 - Mitigate punishment
- WWR - Mental Health Advisor/Cell