

Marine Corps NAF 401(k) Returns October 2009

		DATE	RATES			DATE	RATES
LARGE CAP GROWTH	Fidelity Capital Appreciation	10/09	-7.19	LIFESTYLE FUNDS	Fidelity Freedom 2050	10/09	-2.82
		3rd QTR				3rd QTR	
		YTD	18.94			YTD	23.03
		12 MTS	13.54			12 MTS	16.42
	S & P 500	10/09	-1.89		Fidelity Freedom 2045	10/09	-2.66
		3rd QTR				3rd QTR	
		YTD	17.09			YTD	22.77
		12 MTS	9.82			12 MTS	16.45
LARGE CAP VALUE	LSV Value Equity	10/09	-2.10	Fidelity Freedom 2040	10/09	-2.71	
		3rd QTR			3rd QTR		
		YTD	15.79		YTD	22.61	
		12 MTS	11.38		12 MTS	16.40	
MID CAP GROWTH	Morgan Stanley Mid Cap Growth	10/09	-4.28	Fidelity Freedom 2035	10/09	-2.49	
		3rd QTR			3rd QTR		
		YTD	46.37		YTD	22.41	
		12 MTS	31.32		12 MTS	16.69	
MID CAP VALUE	Neuberger Berman Genesis	10/09	-2.17	Fidelity Freedom 2030	10/09	-2.38	
		3rd QTR			3rd QTR		
		YTD	15.76		YTD	22.11	
		12 MTS	5.67		12 MTS	16.73	
SMALL CAP GROWTH	Schroeder US Opportunity	10/09	-3.46	Fidelity Freedom 2025	10/09	-2.05	
		3rd QTR			3rd QTR		
		YTD	21.00		YTD	22.30	
		12 MTS	14.95		12 MTS	17.69	
SMALL CAP BLEND	Pacific Capital Small Cap A	10/09	-7.01	Fidelity Freedom 2020	10/09	-1.85	
		3rd QTR			3rd QTR		
		YTD	12.12		YTD	21.68	
		12 MTS	2.79		12 MTS	17.59	
SMALL CAP VALUE	Northern Small Cap Value	10/09	-5.86	Fidelity Freedom 2015	10/09	-1.45	
		3rd QTR			3rd QTR		
		YTD	6.84		YTD	19.70	
		12 MTS	1.73		12 MTS	16.89	
INTERNATIONAL EQUITY	Fidelity International Discovery	10/09	-2.83	Fidelity Freedom 2010	10/09	-1.37	
		3rd QTR			3rd QTR		
		YTD	21.84		YTD	19.10	
		12 MTS	22.47		12 MTS	16.59	
INTERMEDIATE BOND	PIMCO Total Return	10/09	0.58	Fidelity Freedom 2005	10/09	-1.20	
		3rd QTR			3rd QTR		
		YTD	13.16		YTD	18.20	
		12 MTS	19.82		12 MTS	15.76	
STABLE VALUE	Fidelity Managed Income Portfolio	10/09	0.11	Fidelity Freedom 2000	10/09	-0.35	
		3rd QTR			3rd QTR		
		YTD	1.55		YTD	13.39	
		12 MTS	2.08		12 MTS	12.15	
				Fidelity Freedom Income Fund	10/09	-0.19	
					3rd QTR		
					YTD	13.24	
					12 MTS	12.34	

Thrift Savings Plan

C Fund	10/09	-1.86		L2040	10/09	-2.15
	3rd QTR				3rd QTR	
	YTD	17.23			YTD	17.90
	12 MTS	9.98			12 MTS	15.03
F Fund	10/09	0.51		L2030	10/09	-1.81
	3rd QTR				3rd QTR	
	YTD	6.29			YTD	16.13
	12 MTS	13.89			12 MTS	13.95
G Fund	10/09	0.26		L2020	10/09	-1.39
	3rd QTR				3rd QTR	
	YTD	2.46			YTD	13.96
	12 MTS	3.02			12 MTS	12.59
S Fund	10/09	-5.51		L2010	10/09	-0.38
	3rd QTR				3rd QTR	
	YTD	21.83			YTD	7.69
	12 MTS	13.34			12 MTS	7.74
I Fund	10/09	-2.41	L Income	10/09	-0.26	
	3rd QTR			3rd QTR		
	YTD	24.27		YTD	6.58	
	12 MTS	24.80		12 MTS	6.97	

October halted a stock market run of seven straight months with positive returns even though on October 14th the Dow topped 10,000 for the first time in a year. While reports during the month suggested that the economy has started a recovery it is important to note that nearly all of the increases have come from stimulus related programs. For example, "Cash for Clunkers" accounted for an eye popping 56% annualized increase on spending on motor vehicles during the third quarter of 2009. Corporate earnings for the quarter were very strong with 80% of companies beating analysts' predictions. There was also some discouraging news on earnings as compensation has now retreated four quarters in a row for only the second time since 1947. The Fed September meeting minutes revealed their fears on this matter and the possibility that this may sidetrack the continued recovery. The price of oil has more than double since February and has increased in three of the past four months. The bottom line is that the economy is continuing to improve but is moving forward in a very cautious manner. Here's hoping for strong holiday season to give us all more renewed hope for the new year.

The Fidelity website is a great source of information about the markets and about your personal account. You can access your retirement information on the web at www.401k.com <<http://www.401k.com>> or by calling 1.800.890.4015 to reach a representative at Fidelity that will be familiar with our plan and can help you with any questions that you may have regarding your account.

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