

Million Dollar Sailor Content Review

Stop, Start, Continue

Take a few minutes to review all that has been discussed during Million Dollar Sailor.

Write at least one thing that you are going to STOP or change as a result of the training.

Write down at least one thing that you are going to START doing right away as a result of this training.

Write at least one thing you are going to CONTINUE doing as a result of the training.

Stop	
Start	
Continue	

