

Services

Dad's Baby Boot Camp Mom's Basic Training

Classes provide expectant parents and those with an infant an understanding of the infant's world and the basic skills necessary for loving care.

Parent Classes

Classes provide "hands on" information for parents to make informed, responsible decisions about their toddlers and young children.

Referrals

Assistance with information and referrals provides help for finding the appropriate military and community services.

Playmorning

Playmorning is an interactive play group designed to teach parents developmentally appropriate play and to help children improve their social, cognitive, and motor skills.

Home Visits

Help with your concerns as a parent or parent-to-be in the privacy of your home by a warm, caring professional.



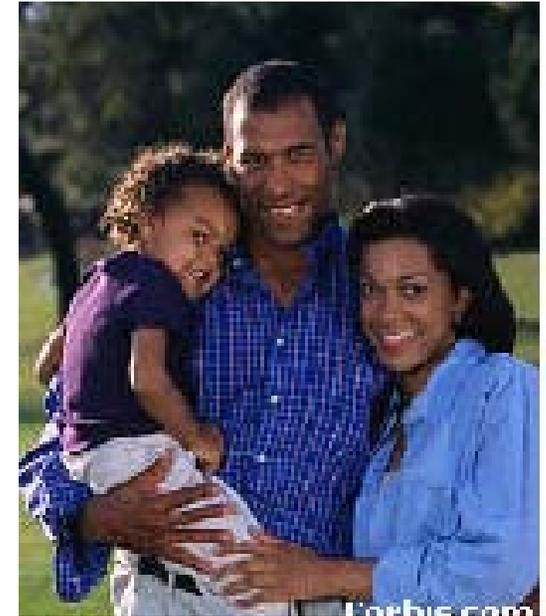
So how do we enroll?

It's as easy as dialing your phone. Just give us a call during regular business hours. For additional information on your local NPSP team:

NPSP Location	Phone Number
Albany, GA	(229) 639-6257
Barstow, CA	(760) 577-6332
Beaufort, SC	(843) 228-3451
Bridgeport, CA	(530) 495-9358
Cherry Point, NC	(252) 466-3651
Kaneohe Bay, HI	(808) 257-8803
Henderson Hall, VA	(703) 614-7208
Iwakuni, Japan	DSN 253-6553
Camp Lejeune, NC	(910) 450-1540
Miramar, CA	(858) 577-9812
New River, NC	(910) 450-1540
Okinawa, Japan	DSN 645-0396
Parris Island, SC	(843) 228-3451
Camp Pendleton, CA	(760) 725-3884
Quantico, VA	(703) 784-4248
San Diego, CA	(619) 524-0805
29 Palms, CA	(760) 830-7622
Yuma AZ	(928) 269-2308

Visit the Marine Corps Community Services website at: <http://www.usmc-mccs.org> and link to NPSP.

New Parent Support Program





Who is eligible for this program?

The New Parent Support Program (NPSP) offers education, counseling, and support to Marine Corps families and other military service members who are expectant parents, adoptive parents or families with children five and under. Families are eligible to participate free of charge in any of the services provided.



Who are we?

The NPSP is staffed by social workers, nurses, and marriage and family therapists who are on call twenty-four hours a day to provide assistance, education and support to Marine Corps families.

Our staff is trained to understand the special needs of families around issues of deployment, and a mobile lifestyle. We help families adjust to a new community that may be far away from family and friends.

The NPSP staff addresses these needs through home visits, parenting classes, and educational/support groups.



What can NPSP do for me?

The NPSP program offers young military families the skills, support and the ability to cope with the stressors resulting from deployments and separations from family and friends. The program also offers expectant families and the parents of young children the opportunity to learn new parenting skills and to understand age appropriate growth and development.



What if we are not new parents?

Even if you have been raising your family for a few years, new ages and stages bring different challenges. Often, adding a brother or sister to the family presents a real change in the family. The NPSP offers you the opportunity to express your concerns and ask questions about babies, young children and family relationships.



NPSP Helps You....



To develop self-sufficiency



To adapt to Marine Corps life



To assist with issues associated with deployment



To assess appropriate services in the military/local community



To prepare for parenthood



To be a better parent to your child



To understand the stages of growth and development



To become more confident as a parent



To make parenting fun



To develop a support system



To develop common ground with your spouse in the area of parenting



To develop new friendships



To develop a support system



To lessen stress