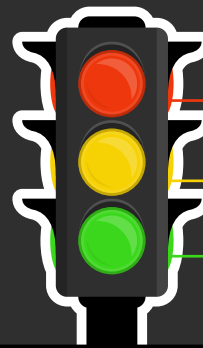


PCS MILE MARKERS YOUR REAL-TIME EFMP ROADMAP



DESTINATION SUPPORT

CARE COORDINATION

REAL-TIME SUPPORT

YOUR PCS ROADMAP



MILE MARKER 1: UPON RECEIPT OF ORDERS

- Connect: Discuss the move with your current FCW as soon as your orders drop.
- Gather Records: Collect medical files (prescriptions, dosages) and educational records (IEP/504).
- Create a "Hand-Carry" Binder: Keep crucial documents with you. Do NOT pack these!
- School Liaison: Contact your current liaison for transition help.

MILE MARKER 2: 90-60 DAYS OUT

- Say Hello: Connect directly with your new gaining FCW.
- Share Connections: Tell your new FCW about any community programs or networks your family currently uses so they can help you establish similar support at your new location.
- Respite Care (If Eligible): Discuss securing a new provider early to minimize care gaps.



MILE MARKER 3: 30 DAYS OUT

- Share Timelines: Give your FCW your estimated travel window.
- Schools & Care: Notify your current school of the move; check MilitaryChildCare.com for options at your new location.
- Travel Prep: Refill medications. If flying with medical equipment, notify the airline 48.

MILE MARKER 4: ARRIVAL

- En Route: Alert both FCWs that you are traveling.
- Check-In = Transfer: Your case transfers once your check into your new command. Contact your new FCW.
- TRICARE Transition: Update DEERS and change your TRICARE region.
- Doctors + School: Schedule new patient appointments and finalize child's school registration.



**A successful PCS relies on planning the route.
We are here to help you navigate the turns along the way!**